

OLYMPIC ROWING XXIX– INTERNATIONAL REGATTA OF GONDOMAR 10th May of 2009 Portugal



PRE PROGRAMME

ORGANISING COMMITTEE: CLUBE NAVAL INFANTE D. HENRIQUE

TIME: Heats: Morning 10:00 am
Finals: Afternoon 16:00 am

COURSE: Lake of Barrage Crestuma/Lever in Melres(20 Km from Oporto)

Distance 2.000 Meters
Parallel Lanes

CATEGORIES: Men (M) and Women (W)

CLASSES OF BOAT: Women (1x; 2x; 4x) Men (4-; 4+; 2x; 1x; 2-; 4x; 8+)

TIME/RACES:

15:40: 4x W (young)	16:40: 1x M
15:50: 8+ M (young)	16:50: 2- M
16:00: 4- M	17:00: 4x M
16:10: 4+ M	17:10: 2x W
16:20: 4x W	17:20: 1x W
16:30: 2x M	17:30: 8+ M

TROPHIES: Medals for the three first places.
Trophy for winners.

DEADLINE FOR INSCRIPTIONS: 02th May 2009

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