

**AEROBIC
MONSTERS**



**International
Singles
Regatta**



ROTA DA FILIGRANA

Filigree Route Trophy

**AEROBIC
MONSTERS**



**International
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Regatta**



AEROBIC MONSTERS REGATTA – GENERAL LAYOUT



AEROBIC MONSTERS REGATTA



SCHEDULE

- Briefing: 09:00h
- Boarding: 09:45h
- 1st Start: 10:30h
- Victory ceremony: 12:30h
- Lunch: 13:30h

AEROBIC MONSTERS REGATTA



START PROCEDURE

- Pré-positioning at white buoys – 5 MINUTES TO START
 - 2 alignment lines
 - 1 line for odd numbers
 - 1 line for even numbers
- Individual start, intervalled 30 seconds between competitors
- Stop/Start with 10 seconds countdown

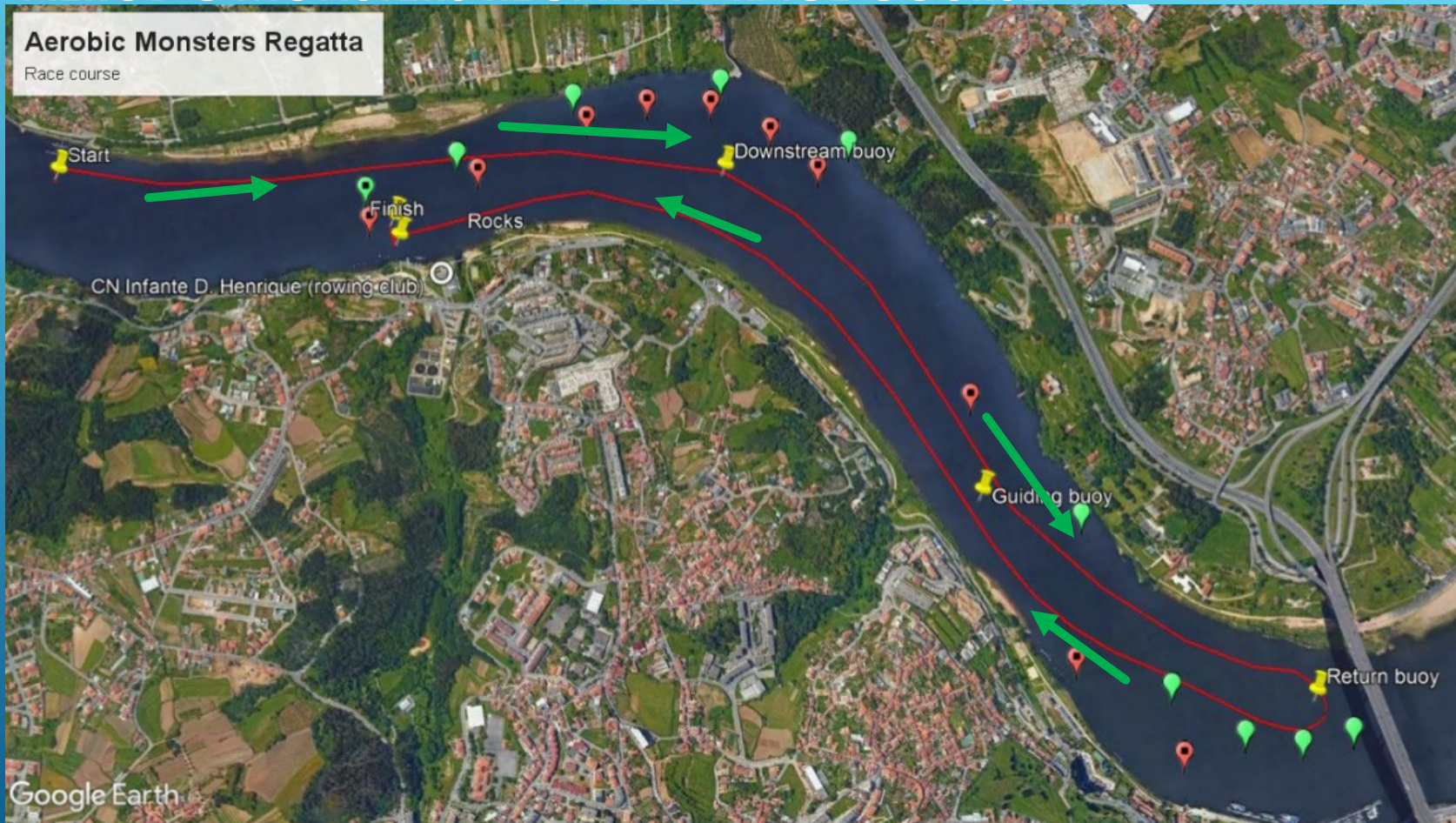
AEROBIC MONSTERS REGATTA

RECOMENDATIONS

- Avoid confusion on boarding pontoon
 - Stay on water until all competitors have boarded
- Beware with navigation buoys (green or red)
- Keep you boat safe – Organization is not responsible for any damages
- Keep on-time with Schedule
 - Your Start time will not change



AEROBIC MONSTERS REGATTA – RACE COURSE



AEROBIC MONSTERS REGATTA - WARM-UP AND START

Aerobic Monsters Regatta

Warm-up and Start



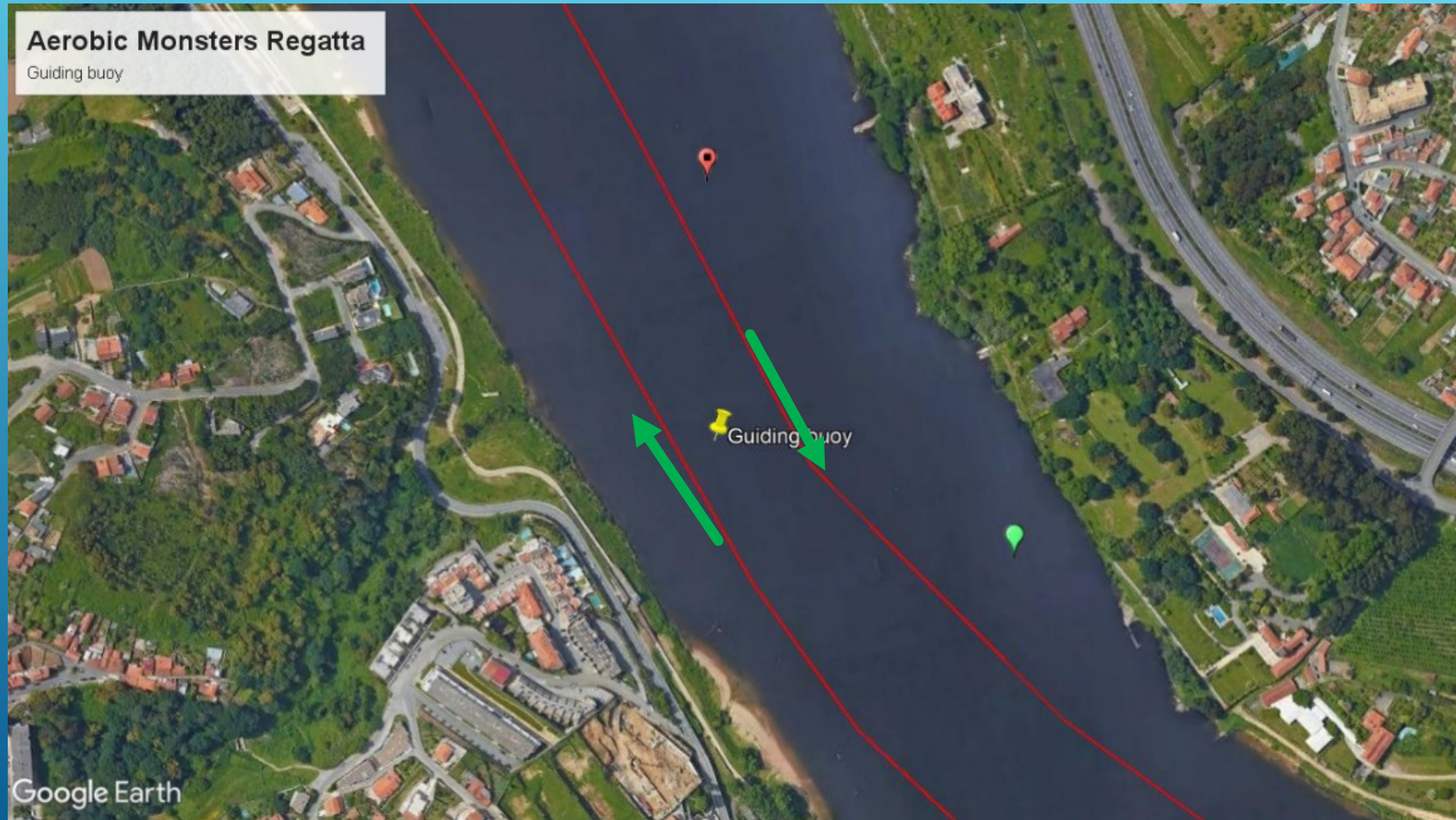
AEROBIC MONSTERS REGATTA – DOWNSTREAM BUOY



AEROBIC MONSTERS REGATTA – GUIDING BUOY

Aerobic Monsters Regatta

Guiding buoy



Google Earth

AEROBIC MONSTERS REGATTA – RETURN BUOY

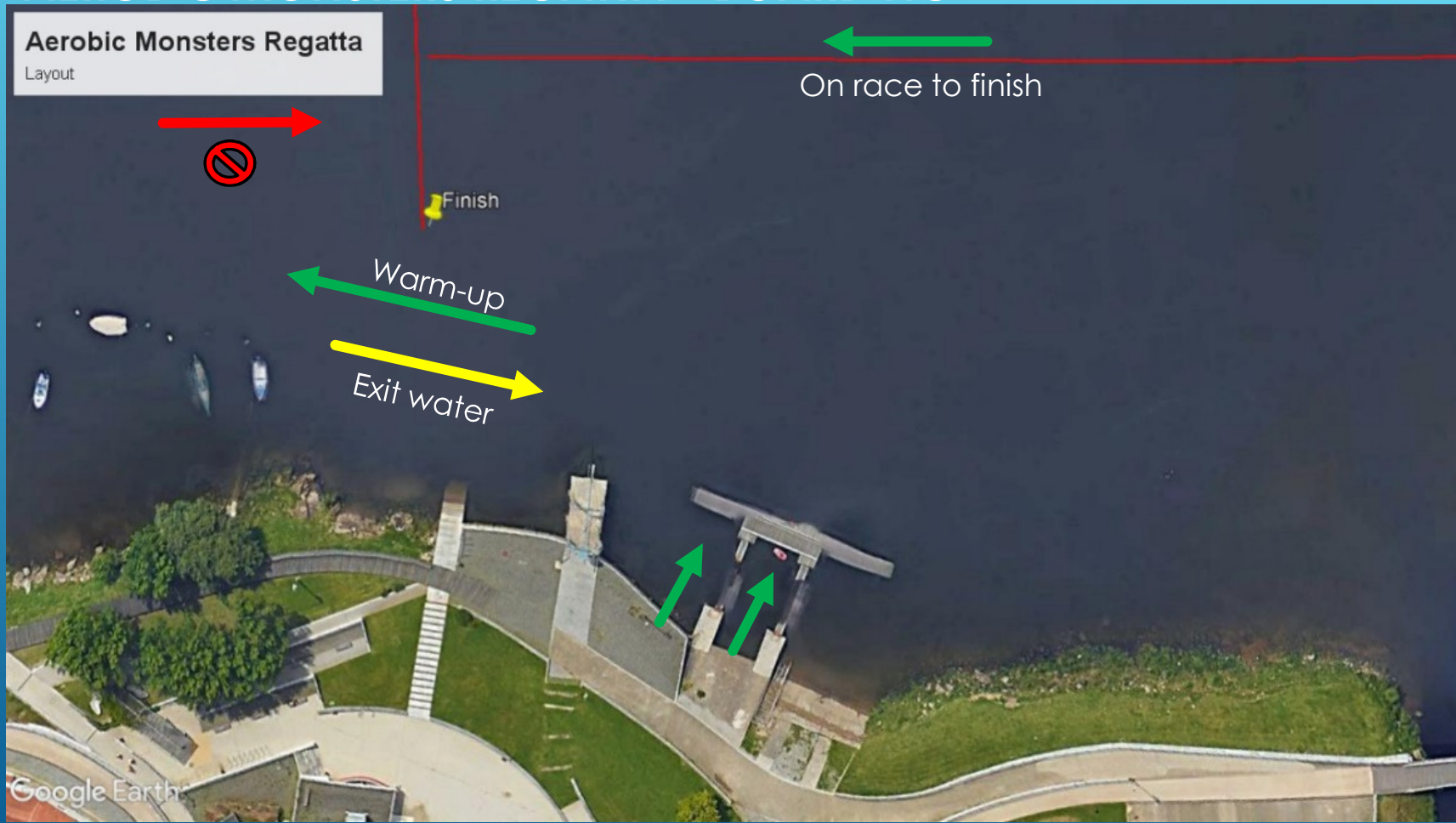
Aerobic Monsters Regatta
Return buoy



AEROBIC MONSTERS REGATTA – BOARDING

Aerobic Monsters Regatta

Layout



On race to finish

Warm-up

Exit water

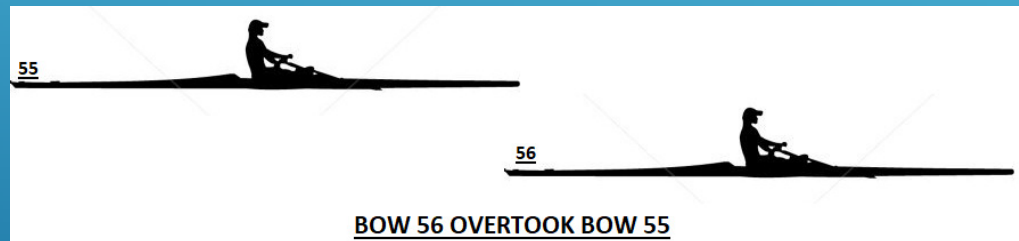
Google Earth

AEROBIC MONSTERS REGATTA



FAIR-PLAY

- Competitor Caught = Competitor Overtaken



- Priority to the Highest bow number
- Umpires will be at strategical points and will not follow competitors

AEROBIC MONSTERS REGATTA

PENALTIES

- ▶ FALSE START: 30 seconds penalty
- ▶ FAIR-PLAY violation: 30 seconds penalty
- ▶ MISSING DOWNSTREAM BUOY= 5 minutes penalty
- ▶ MISSING RETURN BUOY = DESQUALIFICATION



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TROFÉU



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Good luck and Enjoy!!